

IF YOU ARE ON INSULIN OR ANY MEDICATIONS—PLEASE CHECK WITH US.

COLONOSCOPY PREPARATION: (A.M. Case)

Purchase from your pharmacy: MOVIPREP- at least two days before the procedure.

ON THE DAY BEFORE THE EXAMINATION:

- **SOMEONE SHOULD STAY WITH YOU THE DAY/ NIGHT YOU ARE PREPPING.**
- Take your daily medications as you usually do unless notified differently by us.
- **DO NOT EAT ANY SOLID FOOD AFTER 9:00 A.M.** You may have **CLEAR LIQUIDS** up until Midnight. (Clear liquids include: coffee, tea, broth, water, Gatorade, juices and Jell-O). Avoid all milk and dairy products, pop and alcohol. **Drink an 8 oz glass of fluid every hour awake. The more fluid you drink the better the clean out will be and the better you will feel after the procedure.**

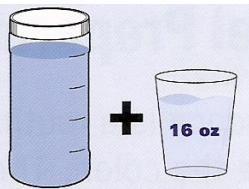
A. Morning before starting the prep: This step will improve the taste. You may serve over ice and drink with a straw. Moviprep has a sweet lemon flavor. Mix the first liter of Moviprep in supplied container and refrigerate for later. Follow mixing instructions

- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve



B. Starting at 5 pm (approximately) the evening before your procedure

- The Moviprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete
- Drink 16 oz of the clear liquid of your choice



Mix second liter of Moviprep after the first liter is finished. Use the supplied container again and refrigerate for later. Follow mixing instructions: (see step A)

Drink second liter (step B) of MOVIPREP at 9:00 PM as listed below. Be sure to drink additional fluids afterwards.

Do not eat or drink anything after midnight

ON THE DAY OF THE EXAMINATION:

- **IMPORTANT NOTE: BRING SOMEONE ALONG TO DRIVE YOU HOME, BECAUSE YOU WILL BE DROWSY FROM THE MEDICATIONS GIVEN TO YOU DURING THE PROCEDURE.**
- Do not plan to drive, work, and cook or go out once you get home on the procedure day. Do not drink any alcoholic beverages or pop on this day. Make sure you **drink plenty of water** or Gatorade to help rehydrate your body.
- **SOMEONE SHOULD STAY WITH YOU DURING THE NIGHT-AFTER THE PROCEDURE.**